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Jim Gordon - January 20, 1983

*Isa Soule
2001 back...*

- KTA: What about genes and souls - do families come back together?
- JG: Not as a rule - souls usually come back as individuals. Sometimes [★] you'll find that they will incarnate together in groups time and time again and form a family pact, such as the Kennedys and the Rockefellers have and a few others. They've been together before numbers of times.
- LD: So it's a genetic - karmic thing?
- JG: Yeah, but it's very rare that you find that souls will come back again and again in families unless there's just karma to be served off there. Or if there is a real strong bond of affection where through love and then will through service they feel that they can serve better/~~if~~ they/do that, they will come back again and again in a family but it isn't always a necessity - it isn't always the way it is.
- KTA: I understand that you know a few things about me - could you tell me? Specific - Francis I.
- JG: During that time period you were a male secretary to John. You took care of a lot of the diplomatic affairs for him, such as the drawing up of treaties, agreements from one nation to another - trade agreements - Later on, as it got more and more difficult concerning the Parliament at that time you became sort of a voice between the Parliament and John. You tried to work as best you could to soothe things between them, because there was a lot of difficult energies between him and them. You tried to work to get taxes raised to get some money into the account for France because France was almost broke if not broke at that time. A lot of the pressure and a lot of the blame for the financial problems began to fall on your shoulders later on, which caused a lot of problems for you, but overall you were more of a secretary and a liason-type person. You went out and did a lot of the work for him - I guess you would say you accumulated everything for him - got it all organized - put it all down so that he could just

make decisions very quickly on things and didn't have to go through all the details. You did all the detail work for him.

KTA: Are there other times that I've been associated with him or Lynne?

JG: Yes, during the time in Spain you were a daughter of a very wealthy man in Toledo, Spain. He had property pretty much all over that area and elsewhere in Spain along the coast. Because of your dedication to what they were doing at that time, you chose to go into the nunnery and become a nun and live a cloistered life. You arranged with your father after a lot of battling - because your dad had prearranged a marriage that you did not want, to a rather wealthy man at that time. It was more of a political thing than anything else. You finally convinced him of your love for what you were doing and he donated a lot of money and property to the order to set up monasteries and all.

LD: She came into the nunnery because of the influence of John and myself at that time?

JG: Right, right. It was a combination of two things because she knew you and your family, Lynne, and that's how that came about - she sort of followed you as far as watching what happened with your life and keeping track of that. Then when the marriage thing came up and she was not wanting that - not satisfied with that - it served to kind of push her that way a little bit further.

LD: Which nunnery was that that she came to - we had established several at that time.

JG: The one that would be closest to Toledo, Spain is the one that she was involved with.

LD: What was her name at that time?

JG: Maria del Gado - it feels like it was a lot longer than that but I think that that will kind of pinpoint it for you.

LD: Name in Francis I?

JG: That one I'm not real sure - I've tried to pinpoint it even for John and I can't quite get the name. Maybe it'll come to me in a minute. I've gotten it once and I can't quite remember.

KTA: Are there any that were more recent?

JG: It was during - you had several - one of the more recent ones was the period during the Civil War. You lived on the East Coast, I don't know if you've been back to there but you have an affinity for the Virginia coastline area - all over in that area because you had a life there that you were very comfortable with. You enjoyed - you were fairly well-to-do. You were a woman in this life. It seems like even though the war was hard for a lot of people it didn't affect you as much as it did a lot of people. You recovered from it a lot quicker than a lot of people - both financially and emotionally. It didn't seem to have the trauma that it had for a lot of people. You did a lot of travelling all up and down the ^{east} coast - then you were a writer - you were more into poetry and expressions of romance and this type of a thing. You had a great sense of awareness of your spiritual nature as far as your expression of love and romance and the spiritual side of that. You loved to express that a great deal in your poetry and your writing. Name: I would say it's Barbara (hard to say cause you had a marriage there - I'm trying to pick up) It's either McNeil or McDillon, I'm not sure which. It may have been Barbara Diane, I'm not quite sure.

KTA: How important is it for me, I understand it is for some people, to research their past lives.

JG: I always tell people that past lives don't mean a thing because it's what you are now, who you are now and what you are doing with your life now that counts. The past is in the past and what you have done with it is done. What you've got to realize is that it's what you do

and that's the thing that counts.

*Importance
of past lives*

made your writings much deeper and much more meaningful that they had been before - because of that loss. And really it was your writing that helped you to recover much quicker than a lot of people did, because you were able to express and move it out of yourself and not be so involved in yourself. In this life he chose to come back to be with you and to in a sense continue that love affair, that love relationship between you two and just be together in a sense. There have been some things karmically that you have had to deal with with him too. (Like what?) There were a few things concerning helping him to understand certain aspects of life better. He came into this life with you because he needed to learn certain things that he did not really comprehend fully about this life or world.- that he had lost sight of in other expressions. And so you have helped him to recapture a different picture on life concerning education, things like this.

Daughter (Nelle Tayloe Averitt)? You two have been through a lot of different lives together, some good and some not so good. Mostly its been friendship relationships - good friends living near each other and working through things together. One life there was another lifetime in which you were her mother - some lives ago - and then in another lifetime in which she was also yours. There's a little bit of a tension between you two at times - energy wise it looks as though there's some tension between you two because your not sure who's playing what role at times, because of all the different roles you've played with each other in past lives.

KTa: What can I learn about how to deal with them now? To make it best for them.

JG: Really, from what I can see, what you are doing and how you are dealing with the situations and all there's not just a whole lot that you could really change. That which you present to them is from your perspective present
... things to you is theirs.

It would really be hard to say how you could go about change of how you could get a better grasp of understanding them.

KTA: What about my mother? (Nancy Bond)

Now she's already passed over, right? (No) How old is she? (66)

Let me describe who I'm seeing cause I don't know if I've got the right one. She about 5'6, dark hair and likes to wear it rather short around her head. I don't know why but she feels like she's on the other side for some reason. That's bothering me because I can't figure out why I keep seeing her that way. Is she involved in a very spiritual life or something? (No, I don't think so)

LD: Can you tell Kaye anything about their relationship, Jim?

JG: I'm just trying to see why I keep seeing that cause it's really kind of bothering me that I see that. I'm making sure I've got the right woman. From what I can see she had also been your mother in the life during the Civil War period. There she was hurt a great deal because she lost her husband and a son and had a very difficult life. She was in her forties when she lost her husband and had a very difficult life. And you helped her as much as you could, but you were almost afraid at times to give too much support or aid to her for fear that she would drag you down. Therefore you kind of always kept yourself a little bit distant from her for fear that her depression and her problems would become yours. In this lifetime you chose mainly to come back with her this time to continue that help - to continue that rapport, hoping to kind of bring her further along, out of that state of mind. This was the first life she's had since that one. She had a very hard time recovering from it.

LD: When a person has a difficult time as you say recovering from it, it will take longer for them to incarnate again?

JG: Yes, it takes longer because once you go over to the other side there's usually a period of adjustment, evaluation and resting. The astral or

... to a good degree before you can reincarnate.

Because she was so emotionally impacted by that life it took a long time for that to dissolve for her to come back. She kept holding on to the pain. And so it took a while, which is not uncommon under those circumstances, it took her a while for her to free herself of that and to allow herself to come back.

KTA: Do you still see her on the other side?

JG: She's very strong over there - I don't know why - maybe she is longing for some reason to go over. I don't know. Her image is so much clearer there than you normally would see for somebody who is here. Usually it's not that clear so it just kind of supprises me. Let me ask this - does she have somebody who is about ready to pass over? (Someone just did) Virginia Tayloe Dow) That's what it is - a lot of times when somebody around us passes over it creates a void. Right now she is probably being visited a lot by this aunt ~~because~~ in some way on a subconscious level at night in dreams or something and so it's like the door is open for her more than normal - that's why I'm seeing a clearer image - that would make more sense then.

KTA: What about meditation? Ned 10-11

JG: That is essential really for anyone who really is involved in any type of spiritual development because it is the only true way of getting the knowledge that you need and the only way of achieving spiritual liberation. Any other knowledge that you read or hear from anyone is their knowledge - it is not your knowledge. The only knowledge which is really yours is that which you experience within yourself. The best way to get the spiritual knowledge that you need is through meditation. The only way you can really experience the inner life and the inner planes. For a lot of people meditation is a matter of asking and then trying to receive something from God or whoever and for others it's a way of trying to detect or pick up from souls that have departed,

but really true meditation is going within and learning to liberate the soul so that it no longer has to return here. In Indian philosophy it's called dying while living because you learn actually to die. Physically, you learn to let go of the physical and move out of it and become a true spiritual being.

KTA: This happens in each and every life, is that correct, or can?

JG: The ultimate part of meditation where you actually learn liberation - hopefully once you have liberated yourself you no longer have to return. The door to this is open to everyone in every life but the majority have so many lessons yet to learn or so much karma to burn off that a lot of times that doorway is actually blocked - because of so much karma. See we have the scales of karma have to be balanced. In the Bible it says "As you sow, so shall you reap," and "That which you sow today, you reap tomorrow." Another way to put it is that you are the father of tomorrow and the son of yesterday. What you are today and what you are having to do today is caused by the karmas of the past. What you have to do now is try not to create new karmas to deal with. Burn off what ever old karma is left then clean the slate as much as possible so that you're freer to do your spiritual liberation and not have to come back. Meditation is one of the best ways to really burn off this karma - is by taking it inward and burning it off through meditation.

KTA: You were telling me (I'm talking to Lynne for a minute) that you and John come back all the time. (LD: We've come back many times, right) And that most people only come back once every 500-700 years. (Lynne- That I'm not sure of) Does that make any sense, Jim?

JG: It varies from individual to individual. Those that have a lot to do here and who have a lot to accomplish and are willing to accomplish they can come back immediately upon going over - these are usually higher

souls that have a great deal to accomplish. There are some that don't come back except for every 200, 500 - it just varies depending upon the individual - what they have to go through.

KTA: How often have I come back.

JG: You come back pretty rapidly, usually you leave a space anywhere from thirty to eighty years between lifetimes. (Busy) Yeah, you have been. It wasn't that way in the beginning but you have sped it up more - you enjoy the creativity. It's the creativity - the drive for creation that brings you back.

KTA: Back in the beginning. In the beginning when I believe it's energy I don't know whether I'm talking right or not. The progression of souls - is it an evolutionary process, like from plant to amoeba to animal. *evolution of souls*

JG: When you come into the creation for the first time you start in the ethereal kingdom - and then you go into the mineral, the plant, the animal, and then into human kind.

KTA: What animal was I?

JG: You don't register those in your souls so it's hard to say. Your soul doesn't start really registering until you become a mental being. Before that it's called a group soul and it's just a clump of energies together experiencing together on more of a physical-emotional level. And it isn't until you become an individualized soul and begin to register a mental aura that anything is really registered. That's registered in the akoshic (?) records.

KTA: John said that he needed proof in the beginning - that it's not important but that you basically have to have that before you can go on.

JG: Usually you have to have some sort of a sign, some sort of a truth presented to you - that is not just somebody else's experience. That's why I was saying meditation is so important. (Interruption)

to choose and we'll choose maybe an easier vibration or an easier time period to be born in.

KTa: If I went looking for Barbara in Va. could I find a record of her.

(Discussion of writings - maybe) Do you have a place?

JG: No, I'm not even sure - I think it was just along that coast cause you travelled all in through there - Maryland, Virginia all up along in that area.

LD: What is the difference between a master and a guide?

JG: A guide is someone who has lived in this world and who has learned a few lessons but is no spiritual master - just has learned a few things. And when you pass over to the other side in the astral you have karma in the astral to serve off just like you have karma here to serve - because you live a life there just as you live a life here. So when you go over you have finished your karmic life here and the karmic pattern for this period so you continue to grow, to learn and experience and you continue to serve off the karma that you have created in other astral lives. (The guide would be doing that? =LD) Yeah, and one way they can serve that off is to be of service to others, so they will in a sense come back and make a subconscious contract with you - either before you're born or later - to be of service to you - to help you through certain situations maybe that they have been through - so that maybe they can help ease the situation for you. Or they will choose to help groups or whatever, but usually it's just individual upon individual. The spiritual master is one - and there are a lot of different types of spiritual masters - but a master means one who has accomplished awareness of a particular plane. There's a lot of different planes of awareness so you have a lot of different levels of mastership. A true master is one who has achieved spiritual liberation and then he is called a saint. But not the saint of the church but more like

they do in India.

LD: It sure keeps everybody busy, doesn't it? All these different levels, etc.

JG: Right now you have ^{a lot of} ~~many~~ different prophets and all this coming out and these are just different masters of different planes. Some are masters of the astral, some of the mental, some are spiritually liberated. It varies quite a bit.

KTA: What about suicide?

JG: When you commit suicide you have a set time period for this particular life that you laid out before you came into it. When you commit suicide you have to go ahead and live in the astral realm that time period, serving those that you have hurt. by that suicide. And so you have to be around those that you hurt and try to help them through the pain and try to help them come to some understanding. By that you hopefully will learn much of the lessons you should have learned by staying here. And then you will have to come back once again in another lifetime and go through that experience again and make a choice of suicide or not suicide. In much the same situation that you were in when you committed the suicide. (KTA: What about Japanese Kamikasis and Hari Eari) Well, they consider that they are doing it for their God or for their own spiritual upliftment in a sense, by being forgiven for the wrong that they had done - But it's still a form of suicide and they still have got to balance that out.

LD: Would they go cross-culturally in order to straighten that out or would they have to go back into the same culture?

JG: That more depends upon their karma that they have to deal with - Most of the time they will go back into the same culture to deal with it - to reevaluate. (LD: But the karma would be there?) Yes, Right.

KTA: What about homosexuality?

JG: Well, this is an expression of a spiritual nature. Usually it is where the soul is expressing as one sex, say as a male but there is a strong spiritual nature, the feminine nature, coming through, trying to express as well. It's the soul coming together as one in one body trying to find balance between the masculine and the feminine. That's in some. In others it is a throwback to another time in another lifetime, much long ago in time, where man had more of an animalistic nature. It depends upon the individual and the level of the homosexual desire and its expression. There's more the animalistic level of it as well as the spiritual aspect of it.

LD: On the spiritual level it's a balance thing.

JG: Attempting to find the balance of the masculine and the feminine in one body. And in the other level it is a throwback, trying to overcome that karma where the soul was very caught up in the physical world and there are several levels taking place there at one time - trying to come to grips with it. A lot of that was developed during the Roman times and a lot of it was developed even way back, even before the time of Atlantis. And it just tends to be a scar on the soul that eventually has to be handled and healed. And each time that they come back in that type of life form they are just in a sense trying to heal it and balance it. See there was a time period in human nature when it was very, very young when it didn't have a mental state - it was all emotional - the human and animal kingdom were so interrelated that it was a relationship of bestiality taking place. And this is sort of a throwback to that time period.

KTA: What about the children of a homosexual person? Does it affect them greatly?

JG: It's not going to throw them into that pattern, no. This is a karmic pattern and a genetic pattern. See karma is dealt with in this life through genetics but at the same time if it is not a karmic pattern

it will show up genetically.

Therefore, it will affect them emotionally and maybe mentally in this life but it will not affect them as far as physical desires. It may affect them as to how they have been raised to view it and how they have been raised to accept it by their family or by their friends, but it will not affect them as far as their own desires unless genetically and karmically both it is there for them to experience too.

NCA: Can you teach one how to meditate?

JG: Sure. It's a very easy process but everybody make it very hard because it's a matter of discipline and the majority want it given to them - they don't want the discipline of it. Meditation is simply learning first how to concentrate - to bring the conscious mind to a state of one-pointedness, of one-awareness - then learning to take that concentration into a state of contemplation.

LD: At times I can concentrate well but then if I think about concentrating I can't concentrate. It's a two-edge sword. I read your science of inner being and its very good. 7 Steps to prayer. Is there something you've got for Kaye that would help her get started?

JG: The best thing to do whenever you realize that your attention has gone off of focus is just to pull it back into focus. There's no way of holding it very steadfast and tight at all times. It's a matter of trying to be aware of your thoughts at all times and trying to keep them as focused as possible - so whenever you see that they're not focused pull them back into focus. It develops. You want to bring your conscious awareness to your third eye area and then focus all your attention there and then upward to the higher realms outside of the physical, the emotional and the mental nature. And start pulling this spiritual awareness down because your own higher self sits above you not within you. It has a focus or a seed in the heart and in the mind but what you are trying to do is introduce yourself to your own higher self and become aware and become one with that. You have to

1. ... from the emotional - astral and from

the mental in order to introduce yourself to that higher self. So concentration and focusing away from those to the higher is the key. Sit - when you lie down you tend to go to sleep too easily. Also when you're dealing with wave lengths and when you lie down you're more into a horizontal pattern of flow of energy. When you're sitting up you're more into a vertical and you're trying to capture that vertical energy to go out or upward. Lying down you go horizontally or parallel to the earth energy and then you'll be caught up more in the emotional nature than the spiritual.

HGA: Does the sign of proof come through meditation?

JG: You'll know when it happens - you'll either have outer body experiences or you'll have a lot of light coming to you or you'll actually begin to hear music or sounds or you'll start getting into very heavy dreams where you'll be told of events coming up in the future. Things will come to you to show that you are attuning yourself to a better part of yourself than you have ever been before. You don't want to get caught up in any particular sound or light because that will still hold you to that plane - you want to go ever beyond that. Then you will eventually merge with your own higher self. And that's really just the beginning of your spiritual life because then you have a path of development to what you call the true Godhead.

LD: When I meditate I keep seeing a male figure walking down a road and it's misty - can't get beyond that point.

JG: This could be coming in contact with an energy of your own master or it could be with your own inner self - the masculine part of you to some extent. Try to either ask for an introduction when you're in that experience. Try to see if you can get a face or become aware of who this is - ask to be allowed to go beyond this point if that is possible. You don't want to get caught up in there and also it could be an astral

which is trying to hold you at that level as well by getting you involved in his energy.

KTA: Were there other times when I was with John and Lynne, and if so when?

JG: There was one time during Atlantis which at that point it was more of a family type situation where you all lived in a large compound. Though you were not necessarily brother and sister it was as though you were - it was like you were all the same family. You shared life together in this compound pretty much all the time. This is where the affinity of coming in together and this type of energy and rapport developed - during the Atlantian period. It was at that point that a lot of decisions were made as to what type of service each of you were going to be doing. You began developing in a sense your trade or your traits of expression. That's really one of the beginning points of it. (KTA: Were we there at the end of Atlantis?) This was long before the floods or anything. I would figure this was around 75,000 years ago.

LD: We haven't known each other very long have we? Nice to meet old friends again, isn't it?

JG: There have been other times - in about 2500-2800 years ago in Greece you knew Lynne very well. Both of you then were very involved in service of the temple along the coastline there. You became very involved in trying to learn about philosophy. Both of you then were women. It seems that John was some sort of a doctor - but not a medical doctor - more like dealing with herbs and a doctor of the soul-type thing. He at times would come and visit the area where you all lived and you found it very interesting to be around him and to listen to him and what he had to share. Karmically there's not that much of an energy pattern there for him to deal with any more so it's not really showing up much.